



open your eyes

# open your eyes **HANDBOOK**

How to identify and tackle  
online disinformation?



A tool for adult educators

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HUMAN  
RESOURCE  
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# INTRODUCTION

## ABOUT THE PROJECT

[Open Your Eyes](#) is a European project which aims to improve the digital literacy of adult learners by providing them with the tools to **identify and tackle disinformation online**. The project, implemented between 2018 and 2020, produced two main results:

- A [database of initiatives against disinformation](#) collected across the European Union and beyond;
- The present Handbook, which aims to guide educators in setting up **“Check It Out” Labs**: workshops for adults who are interested in learning more about disinformation, how to recognise it and how to limit its spread, particularly online.

## ABOUT THE HANDBOOK

The Handbook is divided in **three consecutive modules** covering the following topics:

- Common understanding of media literacy in the EU context;
- Conceptualising disinformation;
- How to tackle disinformation: tools and methodologies.

After familiarising themselves with the concepts of media literacy and disinformation, the educator will be guided through a series of increasingly practical activities which will provide them with the tools to analyse online content and assess its reliability – and pass on such knowledge to adult learners.

## ABOUT THE “CHECK IT OUT” LABS

The final purpose of this Handbook is to enable educators to set up **workshops for adult learners** on the topic of disinformation. The “Check It Out” Labs can be held both face to face or within an online learning environment; both scenarios have been foreseen in the development of the suggested activities.

The suggested duration of a “Check It Out” Lab is of **4.5 - 6 hours** (three sessions of 1.5 - 2 hours each, corresponding to the three modules). Each session should include:

- A presentation of the theoretical content (**CHECK IT OUT**): 30 - 40 min;
- Practical activities (**DO IT YOURSELF**): 1 - 1.15 hours;
- Assessment and Q&A round (**VERIFY**): 5 - 10 min.

The first session should include a short presentation of the project.